# Analysis of the Combined Effect of 1-Menthol and Ethanol as Skin Permeation Enhancers Based on a Two-Layer Skin Model

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The combined effects of 1-menthol and ethanol as a skin permeation enhancer were evaluated with two equations describing the permeability coefficient through full-thickness skin (PFT) and the fullthickness skin/vehicle concentration ratio  $(C_{\rm FT}/C_{\rm V})$  of drugs as a function of their octanol/vehicle partition coefficient  $(K_{OV})$ . A twolayer model was applied for skin, which consists of a stratum corneum (SC) with lipid and porous pathways and a viable epidermis and dermis (ED). The two equations contain one variable  $(K_{OV})$  and nine coefficients, six of which (three diffusion coefficients, the porosity of the SC, and two terms of the linear free energy relationship) were considered different, dependent on the drug vehicle. In vitro permeation of four drugs (morphine hydrochloride, atenolol, nifedipine, and vinpocetine) was determined using excised hairless rat skin and four aqueous vehicles (water, 5% 1-menthol, 40% ethanol, and 5% 1-menthol-40% ethanol) to measure each  $P_{\rm FT}$ . Drug concentrations in full-thickness skin were also measured to obtain  $C_{\rm FT}$  $C_{\rm v}$ . A nonlinear least-squares method was employed to determine six coefficients using the two equations and experimentally obtained  $P_{\rm FT}$  and  $C_{\rm FT}/C_{\rm V}$ . The addition of 1-menthol to water and 40% ethanol increased the diffusion coefficient of drugs in lipid and pore pathways of SC, whereas the addition of ethanol to water and 5% 1-menthol increased the drug solubility in the vehicle, decreased the skin polarity, and increased the contribution of the pore pathway to whole-skin permeation.

KEY WORDS: enhancer; 1-menthol; ethanol; two-layer skin model; analysis of enhancing effect.

# INTRODUCTION

A key factor in developing a transdermal therapeutic system is the selection of a skin permeation enhancer. After studying the characteristics of existing enhancers (1-3) the effects of enhancers used in combination were tested (4-6) to achieve a greater efficacy.

We previously reported (7) a more marked effect on the skin permeation of morphine hydrochloride (MPH) with the simultaneous use of 1-menthol (oil-type enhancer) and ethanol (EtOH) (solvent-type enhancer) than with either enhancer alone. To analyze this combined effect, the skin barrier function against drug permeation was evaluated by a two-layer model with a heterogeneous stratum corneum (SC), consisting of lipid and pore pathways with porosity,  $\epsilon_{SC}$  (8), and a viable epidermis and dermis (ED). The latter was considered a hydrogel, which is a porous, sponge-like matrix (9). Two equations, for the permeability coefficient across full-thickness skin  $(P_{FT})$  and the concentration ratio in full-thickness skin versus vehicle  $(C_{FT}/C_V)$  of drugs, were derived as a function of their octanol/vehicle partition coefficient  $(K_{OV})$ . Both equations contain one variable and nine coefficients: diffusion coefficients of the lipid and pore pathways in SC and ED  $(D_L, D_P, \text{ and } D_{ED}), \epsilon_{SC}$ , parameters A and B, which correlate with the partition coefficient of each drug from the vehicle-to-lipid pathway  $(K_{\rm L})$  to  $K_{\rm OV}$   $(K_{\rm L})$  $AK_{OV}^{B}$ ) based on the linear free energy relationship (8,10-12), the thickness of SC and ED ( $L_{SC}$  and  $L_{ED}$ ), and the porosity of ED ( $\epsilon_{\rm ED}$ ).  $D_{\rm L}$ ,  $D_{\rm P}$ ,  $D_{\rm ED}$ ,  $\epsilon_{\rm SC}$ , A, and B are independent of the drug species and dependent on the vehicle used, and  $L_{\rm SC}$ ,  $L_{\rm ED}$ , and  $\epsilon_{\rm ED}$  are assumed to be constant. Therefore,  $K_{OV}$  becomes the single variable considered to be dependent on both drug species and vehicles.

In vitro skin permeation experiments of four drugs with different  $K_{\rm OV}$  values [MPH, atenolol (ATL), nifedipine (NF), and vinpocetine (VIN)] were performed, with aqueous vehicles containing water (W), 5% 1-menthol (M), 40% EtOH (E), and 5% 1-menthol-40% EtOH (M-E), with excised hairless rat full-thickness skin to measure  $P_{\rm FT}$  and  $C_{\rm FT}/C_{\rm V}$ . The coefficients calculated for each vehicle were compared, and the combined effect of the M-E system was evaluated.

### THEORETICAL

### Permeability Coefficient of Full-Thickness Skin

From the model in Fig. 1a,

$$1/P_{\rm FT} = 1/P_{\rm SC} + 1/P_{\rm ED}$$
 (1)

where  $P_{\rm SC}$  and  $P_{\rm ED}$  are the permeability coefficients through SC and ED, respectively.  $P_{\rm SC}$  can be expressed using permeability coefficients through lipid and pore pathways,  $P_{\rm L}$  and  $P_{\rm P}$ , and the area ratio of the pore/lipid pathway, which can be substituted for porosity in the SC,  $\epsilon_{\rm SC}$ . Then  $P_{\rm SC}$  is presented as

$$P_{SC} = (1 - \epsilon_{SC})P_{L} + \epsilon_{SC}P_{P} \tag{2}$$

If the lipid pathway is assumed to be a homogeneous barrier,

$$P_{\rm L} = K_{\rm L} D_{\rm L} / L_{\rm SC} \tag{3}$$

Using a linear free energy relationship,  $K_L$  is described as

$$K_{\rm L} = AK_{\rm OV}^{\rm B} \tag{4}$$

where A and B are coefficients depending on vehicle characteristics.

The partition coefficient between pore pathway and vehicle can be assumed to be unity;  $P_P$  is

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a

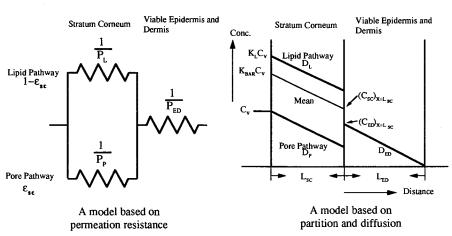


Fig. 1. Schematic diagram of the two-layer skin model.

$$P_{\rm P} = D_{\rm P}/L_{\rm SC} \tag{5}$$

Under the assumption that ED is a porous hydrogel and the ED/vehicle partition coefficient of a drug is unity,

$$P_{\rm ED} = \epsilon_{\rm ED} D_{\rm ED} / L_{\rm ED} \tag{6}$$

Substituting Eqs. (2) to (6) successively for  $P_{\rm SC}$  and  $P_{\rm ED}$  in Eq. (1) with rearrangement gives

$$P_{\rm FT} = \frac{[(1 - \epsilon_{\rm SC})AK_{\rm OV}^{\rm B}D_{\rm L} + \epsilon_{\rm SC}D_{\rm P}]\epsilon_{\rm ED}D_{\rm ED}}{L_{\rm ED}((1 - \epsilon_{\rm SC})AK_{\rm OV}^{\rm B}D_{\rm L} + \epsilon_{\rm SC}D_{\rm P}) + L_{\rm SC}\epsilon_{\rm ED}D_{\rm ED}}$$
(7)

### Full-Thickness Skin/Vehicle Concentration Ratio

Based on the model shown in Fig. 1b, if steady-state and sink conditions can be assumed, the apparent partition coefficient of a drug between full-thickness skin and vehicle,  $K_{\rm BAR}$ , is

$$K_{\text{BAR}} = (1 - \epsilon_{\text{SC}})K_{\text{L}} + \epsilon_{\text{SC}}$$
 (8)

The boundary condition at  $X = L_{SC}$  at steady state becomes

$$\frac{D_{\text{BAR}}}{L_{\text{SC}}} \left[ C_{\text{V}} K_{\text{BAR}} - (C_{\text{SC}})_{X=L_{\text{SC}}} \right] = \frac{D_{\text{ED}} (C_{\text{ED}})_{X=L_{\text{SC}}}}{L_{\text{ED}}}$$
(9)

where  $D_{\rm BAR}$  is an apparent diffusion coefficient in SC including lipid and pore pathways and  $C_{\rm V}$  is the drug concentration in the vehicle.

Substituting Eq. (8) into Eq. (9) and using the relation,  $K' = (C_{ED})_{X=L_{SC}}/(C_{SC})_{X=L_{SC}}$ ,

$$(C_{SC})_{X=L_{SC}} = \frac{C_V(D_{BAR}/L_{SC})[(1-\epsilon_{SC})K_L + \epsilon_{SC}]}{[(D_{ED}K'/L_{ED}) + (D_{BAR}/L_{SC})]}$$
 (10)

Substituting Eq. (8) into the equation  $P_{\rm SC} = D_{\rm BAR} K_{\rm BAR} / L_{\rm SC}$ ,

$$P_{SC} = D_{BAR}((1 - \epsilon_{SC})K_L + \epsilon_{SC})/L_{SC}$$
 (11)

Also,  $P_{SC}$  is described using Eqs. (2), (3), and (5).

$$P_{SC} = ((1 - \epsilon_{SC})D_LK_L + \epsilon_{SC}D_P)/L_{SC}$$
 (12)

Further,  $D_{BAR}$  is expressed using Eqs. (11) and (12).

b

$$D_{\text{BAR}} = \frac{(1 - \epsilon_{\text{SC}})D_{\text{L}}K_{\text{L}} + \epsilon_{\text{SC}}D_{\text{P}}}{(1 - \epsilon_{\text{SC}})K_{\text{L}} + \epsilon_{\text{SC}}}$$
(13)

Substituting Eq. (13) into Eq. (10) and using Eq. (4),  $(C_{\rm SC})_{X=L_{\rm SC}}$  is

$$(C_{SC})_{X=L_{SC}} = \frac{L_{ED}C_{V}((1 - \epsilon_{SC})D_{L}AK_{OV}^{B} + \epsilon_{SC}D_{P})}{L_{ED} \{[(1 - \epsilon_{SC})D_{L}AK_{OV}^{B} + \epsilon_{SC}D_{P}]/\{(1 - \epsilon_{SC})AK_{OV}^{B} + \epsilon_{SC}]\} + L_{SC}D_{ED}K'}$$
(14)

Using the value of  $(C_{SC})_{X=L_{SC}}$ ,

$$C_{SC} = \frac{1}{2}(C_V((1 - \epsilon_{SC})AK_{OV}^B + \epsilon_{SC}) + (C_{SC})_{X=L_{SC}}) \quad (15)$$

$$C_{\rm ED} = \frac{1}{2}(K'(C_{\rm SC})_{X=L_{\rm ec}})$$
 (16)

Therefore, drug concentration in full-thickness skin,  $C_{\rm FT}$  is expressed as

$$C_{\text{FT}} = C_{\text{SC}} L_{\text{SC}} / (L_{\text{SC}} + L_{\text{ED}}) + C_{\text{ED}} L_{\text{ED}} / (L_{\text{SC}} + L_{\text{ED}})$$
 (17)

Since ED has already been assumed to be a porous hydrogel, the SC/vehicle partition coefficient of a drug is expressed as the reciprocal of the ED/SC partition coefficient. Then

$$K' = \epsilon_{\rm ED}/K_{\rm BAR} = \epsilon_{\rm ED}/[(1 - \epsilon_{\rm SC})AK_{\rm OV}^{\rm B} + \epsilon_{\rm SC}] \quad (18)$$

Substituting Eqs. (14) to (16) and Eq. (18) into Eq. (17) successively finally yields the following equation describing the concentration ratio of a drug in full-thickness skin/vehicle:

$$\frac{C_{\text{FT}}}{C_{\text{V}}} = \frac{1}{2(L_{\text{SC}} + L_{\text{ED}})} L_{\text{SC}} (1 - \epsilon_{\text{SC}}) A K_{\text{OV}}^{\text{B}} + \epsilon_{\text{SC}} 
+ \frac{\{L_{\text{ED}} [(1 - \epsilon_{\text{SC}}) A K_{\text{OV}}^{\text{B}} D_{\text{L}} + \epsilon_{\text{SC}} D_{\text{P}}] \cdot \\
+ \frac{[(1 - \epsilon_{\text{SC}}) A K_{\text{OV}}^{\text{B}} + \epsilon_{\text{SC}} + L_{\text{ED}} \epsilon_{\text{ED}}]\}}{L_{\text{ED}} ((1 - \epsilon_{\text{SC}}) A K_{\text{OV}}^{\text{B}} D_{\text{L}} + \epsilon_{\text{SC}} D_{\text{P}}) + L_{\text{SC}} D_{\text{ED}} \epsilon_{\text{ED}}} (19)$$

From Eqs. (7) and (19),  $P_{\rm FT}$  and  $C_{\rm FT}/C_{\rm V}$  can be described by nine coefficients— $L_{\rm SC}$ ,  $L_{\rm ED}$ ,  $\epsilon_{\rm SC}$ ,  $\epsilon_{\rm ED}$ ,  $D_{\rm L}$ ,  $D_{\rm P}$ ,  $D_{\rm ED}$ ,  $D_{\rm A}$ , and  $D_{\rm ED}$ , and one variable— $K_{\rm OV}$ .

# **Assumptions**

(1) The diffusion coefficient D of a drug in an isotropic polymer is described as a function of the molecular weight (MW) of the drug (13):

$$\log D = -S \times \log MW + K \tag{20}$$

where S and K are constants. This relationship can be applied to the skin membrane (8). Since four drugs used in the present study have almost the same MW (MPH, 375.9; ATL, 266.3; NF, 346.3; VIN, 350.5), the diffusion coefficient in the same medium could be assumed to be the same.

- (2) The mean flux from 6 to 8 hr in the permeation experiment was postulated to be steady-state flux, and the drug concentration in full-thickness skin immediately after the experiment (8 hr) was estimated to be a steady-state concentration corresponding to this flux.
- (3)  $L_{\rm SC}$  (15.4  $\mu$ m) was cited from our previous report (14).
- (4)  $L_{\rm ED}$  (720  $\mu$ m) was determined by subtracting  $L_{\rm SC}$  from the thickness of full-thickness skin measured by a caliper gauge.
- (5)  $\epsilon_{\rm ED}$  was calculated by the relation  $\epsilon_{\rm ED} = L_{\rm ED} P_{\rm ED} / D_{\rm ED}$ . Ghanem *et al.* (9) reported that the permeability coefficient of drugs using hairless mouse stripped skin was inde-

pendent of the drug species. The same consideration could be applied to hairless rat stripped skin. Since the permeability coefficient of 5-fluorouracil through hairless rat stripped skin was  $1.2 \times 10^{-5}$  cm/sec (15), this value was used for calculation of  $\epsilon_{\rm ED}$ . The diffusion coefficient in water of a drug with a MW of about 340 (similar to the mean value of the model drugs in the present experiment) was nearly  $10^{-5.36}$  cm<sup>2</sup>/sec (16). Therefore,  $\epsilon_{\rm ED}$  was estimated to be 0.20 by the above equation.

# Characterization of $P_{\rm FT}$ - $K_{\rm OV}$ and $C_{\rm FT}$ / $C_{\rm V}$ - $K_{\rm OV}$ Function

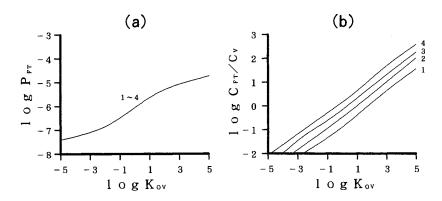
From Eq. (7), if  $D_{ED} \gg D_P$ , then

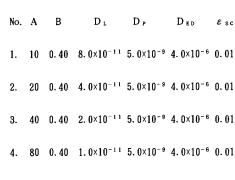
$$\lim(K_{OV} \rightarrow 0)P_{FT} = \epsilon_{SC}D_{P}/L_{SC} = \epsilon_{SC}P_{P}$$
 (21)

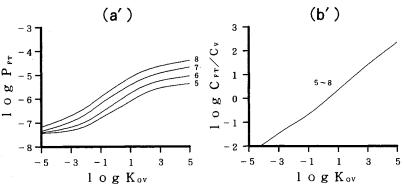
$$\lim(K_{\rm OV} \to \infty)P_{\rm FT} = \epsilon_{\rm ED}D_{\rm ED}/L_{\rm ED} = P_{\rm ED} \qquad (22)$$

Thus, drugs that are highly partitioned into vehicle permeate primarily through the pore pathway [Eq. (21)], while drugs that are highly partitioned into octanol show ED barrier-limiting permeation [Eq. (22)]. The  $P_{\rm FT}$  profile of  $K_{\rm OV}$  varies from the minimum value of  $\epsilon_{\rm SC}P_{\rm P}$  to the maximum value of  $P_{\rm ED}$ . Parameters A and  $D_{\rm L}$ , however, cannot be distinguished in Eq. (7), and independent determination of each parameter is not possible by the equation alone.

Figure 2 shows simulation curves based on Eqs. (7) and (14). The product A and  $D_L$  is constant from No. 1 to No. 4, where the same profile was obtained in  $\log P_{\rm FT} - \log K_{\rm OV}$  (Fig. 2a). On the other hand, A and  $D_L$  can be determined using  $\log C_{\rm FT}/C_{\rm V} - \log K_{\rm OV}$  as shown in Fig. 2b. In the case of







- No. A B D<sub>L</sub> D<sub>P</sub> D<sub>ED</sub> ε<sub>sc</sub>

0. 40 8.  $0 \times 10^{-11}$  5.  $0 \times 10^{-9}$  8.  $0 \times 10^{-6}$  0. 01

- 6. 40 0.40 4.0×10<sup>-11</sup> 5.0×10<sup>-9</sup> 4.0×10<sup>-6</sup> 0.01
- 7. 40 0.40 2.0×10<sup>-11</sup> 5.0×10<sup>-9</sup> 2.0×10<sup>-6</sup> 0.01
- 8. 40 0.40 1.0×10<sup>-11</sup> 5.0×10<sup>-9</sup> 1.0×10<sup>-6</sup> 0.01

Fig. 2. Simulation curves using the eight sets of coefficients shown. Conditions: Nos. 1-4, constant product of A and  $D_L$  and other coefficients constant; Nos. 5-8,  $D_L$  and  $D_{ED}$  varied but ratio and other coefficients constant.

Nos. 5 to 8, a constant ratio of  $D_{\rm L}/D_{\rm ED}$ ,  $\log P_{\rm FT} - \log K_{\rm OV}$  cannot explain  $D_{\rm L}$  and  $D_{\rm ED}$  distinguishably (Fig. 2a'), whereas  $\log C_{\rm FT}/C_{\rm V} - \log K_{\rm OV}$  can (Fig. 2b'). From Eqs. (7) and (19), the remaining parameters, B and  $\epsilon_{\rm SC}$ , are clearly identified independent of the other parameters. Therefore, determination of the six parameters, A, B,  $D_{\rm L}$ ,  $D_{\rm P}$ ,  $D_{\rm ED}$ , and  $\epsilon_{\rm SC}$ , is possible using experimentally obtained  $P_{\rm FT}$ ,  $C_{\rm FT}/C_{\rm V}$ , and  $K_{\rm OV}$ . Figure 3 shows the typical  $\log P_{\rm FT} - \log K_{\rm OV}$  and  $\log C_{\rm FT}/C_{\rm V} - \log K_{\rm OV}$  profiles. This figure clearly explains the influence of variation of each parameter on  $\log P_{\rm FT} - \log K_{\rm OV}$  and  $\log C_{\rm FT}/C_{\rm V} - \log K_{\rm OV}$ .

# MATERIALS AND METHODS

### Chemicals

MPH and naloxone hydrochloride were supplied by Takeda Chemical Industries, Ltd. (Osaka, Japan), and Sigma Chemical Co. (St. Louis, MO), respectively. ATL and VIN were gifts from Kyukyu Pharmaceutical Co. Ltd. (Tokyo) and Kowa Pharmaceutical Industries, Ltd. (Tokyo), respectively. NF was purchased from Wako Pure Chemical Industries, Ltd. (Osaka). Nitrendipine, as an internal standard to assay for NF, was generously supplied by Yoshitomi Phar-

maceutical Industries, Ltd. (Osaka). 1-Menthol (JP grade) and EtOH (Wako Pure Chemical Industries) were used as enhancer. Other reagents were reagent-grade or HPLC-grade products.

### **Skin Membrane Preparations**

Hairless rat skin was excised from the abdomen of male WBN/ILA-Ht rats (average weight, 180 g; Life Science Research Center, Josai University, Saitama, Japan) immediately before the permeation experiment.

#### **Skin Permeation Procedure**

The skin permeation experiment was done according to the method of Okumura et al. (17). A diffusion cell which consists of two half-cells with a water jacket connected to a water bath at 37°C was used. Each half-cell had a volume of 2.5 mL and an effective diffusion area of 0.95 cm<sup>2</sup>. The dermis side of the skin was in contact with the receiver compartment, and the SC with the donor compartment. The donor compartment was filled with the drug solution or suspension, and the receiver compartment with distilled water or 40% polyethylene glycol 400/water (40% PEG). The PEG solution was used for NF and VIN to prevent limited disso-

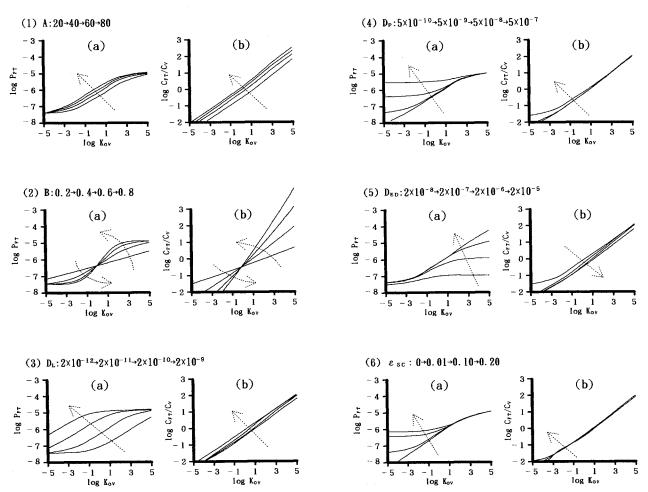


Fig. 3. Simulation curves when one of the six coefficients is varied. The varied coefficient is shown above each graph. The other coefficients are A=30, B=0.4,  $D_{\rm L}=2\times10^{-11}$ ,  $D_{\rm P}=5\times10^{-9}$ ,  $D_{\rm ED}=4\times10^{-6}$ , and  $\epsilon_{\rm SC}=0.01$ . Dotted arrows correspond to variation of a coefficient.

lution in the receiver medium. The skin barrier function was not influenced by 40% PEG (18). For MPH and ATL a 1% drug solution was used in the donor compartment and the receiver medium was distilled water, while a 2% drug suspension was used in the donor compartment for NF and VIN, so as to maintain a favorable driving force for permeation (19). Both donor and receiver compartments were stirred with a star-head bar driven by a constant-speed synchronous motor (MC-301, Scinics, Tokyo) at about 1200 rpm. The influence of stagnant film layers formed on either side of the membrane on the flux could be neglected (20). Each sample was withdrawn from the receiver compartment at predetermined times for HPLC assay. The same volume of water or 40% PEG was added to maintain a constant volume after sampling. A sink condition was always maintained in the receiver compartment. Each experiment was triplicated.

### Measurement of Drug Concentration in Full-Thickness Skin

Drug concentration was determined in all cases in full-thickness skin immediately after the permeation experiment. After rinsing the skin surface with distilled water, excess water was blotted off, and the effective diffusion area (0.95 cm²) of the skin was punched. Then the skin was weighed and homogenized with a glass homogenizer in a crushed ice bath using 2 mL of methanol containing an internal standard (except ATL) for each drug. A calibration curve for the measurement of drug concentration in skin was made using supernatant of the skin homogenate containing a known amount of drug and internal standard (except ATL). The drug concentration in the supernatant was measured by HPLC.

# Measurement of Water, EtOH, and 1-Menthol Content in Full-Thickness Skin

Water content before the permeation experiment and water, EtOH, and 1-menthol contents after the experiment in the full thickness were determined. The effective diffusion area of the skin punched was weighed and immersed in a test tube containing 0.5% methanol and 0.1% 1-carvone in dioxane. The test tube was sonicated for 10 min. After centrifugation, the water and EtOH concentrations in the supernatant were simultaneously determined with a gas chromatograph—thermal conductive detector (GC-TCD) and that of 1-menthol was determined with a gas chromatograph—flame ionization detector (GC-FID).

# **Determination of Solubility**

Excess drug was added to 1 mL of W, octanol, M, E, or M-E and the drug suspension was equilibrated at 37°C for 24 hr. The saturated drug concentration was determined by HPLC. Since M containing excess drug was an emulsion, it was kept for another 24 hr at 37°C, and then drug concentrations in both the large-volume phase (1-menthol-rich water phase) and in M were determined by HPLC.

# **Assay Apparatuses and Conditions**

The HPLC system for analyzing drug concentrations consisted of a pump (LC-6A, Shimadzu Co., Ltd., Kyoto, Japan), either an ultraviolet (SPD-6A, Shimadzu) or a fluo-

rescent detector (RF-535, Shimadzu), a  $4.6 \times 250$ -mm stainless-steel column packed with Nucleosil  $5C_{18}$  (Macherey Nargel, Germany), and an integrator (C-R6A, Shimadzu). The HPLC conditions are listed in Table I.

Water and EtOH concentrations in skin were measured with a GC-TCD (GC-14A, Shimadzu). Conditions were as follows: column, 10% PEG 1000/Flusin T 60/80 (GL Sciences, Tokyo); column, injection, and detection temperatures, 95, 140, and 140°C, respectively; carrier gas, He; and flow rate, 50 mL/min.

The 1-menthol concentration in skin was determined with a GC-FID (GC-14A, Shimadzu). Conditions were as follows: column, OV-17 (GL Sciences, Tokyo); column, injection, and detection temperatures, 130, 160, and 160°C, respectively; carrier gas, N<sub>2</sub>; and flow rate, 50 mL/min.

# **Data Analysis**

The mean permeation rate from 6 to 8 hr was treated as a pseudo-steady-state permeation rate  $(J_{\rm SS})$ .  $P_{\rm FT}$  was calculated by dividing  $J_{\rm SS}$  by the initial drug concentration dissolved in donor medium in the case of W, E, and M-E. For M, however,  $P_{\rm FT}$  was calculated using the drug concentration of the 1-menthol-rich water phase (large-volume phase) because of the negligible contribution of the water-rich 1-menthol phase (small volume phase) to permeation of a drug. Since the maximum decrease in drug concentration in the donor compartment during the experiment was less than 10% when M-E was used,  $P_{\rm FT}$  values obtained from the above calculation could be utilized for the present analysis.

 $K_{\rm OV}$  was determined to be the solubility ratio in octanol/vehicle at 37°C.  $C_{\rm FT}/C_{\rm V}$  was determined as the concentration ratio in full-thickness skin/vehicle at the end of the permeation experiment. A nonlinear least-squares computer program MULTI (21) was employed for regression analysis.

### RESULTS

Table II shows the logarithmic values of  $K_{OV}$ ,  $P_{FT}$ , and  $C_{FT}/C_{V}$  obtained from each experiment. M and E showed

Table I. HPLC Conditions for the Analysis of Drugs Used in This Experiment

Drug	Mobile phase	Detection (nm)	Internal standard
МРН	Acetonitrile:0.1% phosphoric acid (65:35, v/v)	UV 230	Naloxone hydrochloride
ATL	Methanol:1% phosphoric acid + 2.5 mM sodium dodecyl sulfate (60:40, v/v)	Ex. 280, em. 390	a
NF	Acetonitrile:water (40:60, v/v)	UV 235	Nitrendipine
VIN	Acetonitrile:0.1% phosphoric acid + 5 mM sodium dodecyl sulfate (60:40, v/v)	UV 229	p-Hydroxy- benzoic acid hexyl ester

<sup>&</sup>lt;sup>a</sup> The absolute calibration method was used.

Table II.  $K_{ov}$ ,  $C_{FT}/C_V$ , and  $P_{FT}$  Values of Drugs Obtained from the Experiment, Expressed Logarithmically

-				
	МРН	ATL	NF	VIN
$\log K_{\rm OV}$				
W	-2.53	-0.30	3.35	3.56
M	-2.46	-0.31	3.07	3.49
E	-2.78	-1.30	0.41	1.56
M-E	-2.63	-1.32	0.14	1.12
$\log C_{\rm FT}/C_{\rm V}$				
W	-1.38	-0.72	0.59	0.98
M	-0.61	-0.032	1.60	1.87
E	-1.17	-0.96	-0.78	-0.41
M-E	-0.66	-0.13	0.21	0.35
$logP_{FT}$ (cm/sec)				
W	-7.38	-6.54	-5.07	-5.21
M	-5.86	-4.96	-4.92	-5.63
E	-7.12	-7.21	-6.92	-7.18
М-Е	-5.36	-5.08	-5.44	-5.62

 $K_{\rm OV}$  values almost equal to those of W and M-E, respectively, because of their similar solubility. E and M-E had a solubility about two orders of magnitude higher than that of W and M. The  $P_{\rm FT}$  of each drug was small with vehicle E, whereas it was great with M and M-E containing 1-menthol.  $C_{\rm FT}/C_{\rm V}$  increased by adding 1-menthol, as shown in the case from W to M and from E to M-E.

Next six coefficients were calculated from the above parameters  $(K_{\rm OV}, P_{\rm FT}, {\rm and}\ C_{\rm FT}/C_{\rm V})$  and Eqs. (7) and (19). The contribution ratio due to this regression was calculated to be about 79.6%; therefore it was considered that these two equations, (7) and (19), could essentially explain the relation between  $P_{\rm FT}$  and  $K_{\rm OV}$  and between  $C_{\rm FT}/C_{\rm V}$  and  $K_{\rm OV}$ , respectively. Figure 4 illustrates each point (see Table II) and a set of simulation curves by the obtained coefficients (top).

 $P_{\rm FT}$  increased with an increase in  $K_{\rm OV}$  in the relationship  $\log P_{\rm FT} - \log K_{\rm OV}$  (Fig. 4a) using vehicle W. In contrast, the dependence of  $P_{\rm FT}$  on  $K_{\rm OV}$  was smaller in the other vehicles. An interesting observation with regard to the relationship  $\log C_{\rm FT}/C_{\rm V} - \log K_{\rm OV}$  was that the addition of 1-menthol from W to M and from E to M-E caused a parallel shift in the two profiles (Fig. 4b).

The above results can be expressed as a change in the six coefficients: the increase in  $P_{\rm FT}$  and parallel shift of  $\log C_{\rm FT}/C_{\rm V}$  with the addition of 1-menthol were due to an increase in A and  $D_{\rm L}$  [Figs. 3(1), (3), and 4]. In contrast, the addition of EtOH to W and M, namely, E and M-E, reduced the slope of  $\log C_{\rm FT}/C_{\rm V}-\log K_{\rm OV}$ , which was due to the decrease in B [Figs. 3(2) and 4]. The addition of EtOH also increased the  $\epsilon_{\rm SC}$ . This suggested that 1-menthol enhanced A,  $D_{\rm L}$ , and  $D_{\rm P}$  and that EtOH increased the solubility of the lipophilic drug, decreased B, and increased  $\epsilon_{\rm SC}$  in the M-E system. The addition of EtOH to W, however, resulted in a decrease in  $D_{\rm L}$ , while the addition of EtOH to M did not change it. These results suggested that the effect of M-E thus might not directly reflect the independent effect of 1-menthol and EtOH.

1-Menthol and EtOH concentrations in skin were determined immediately after the permeation experiment to explain the effect of M-E as the next step. As a result, M-E increased both concentrations two times more than the treatments with M and E alone (Table III). It was speculated from the results that the inherent effect of 1-menthol, which was stronger than that of EtOH, was strengthened and that, consequently, M-E did not decrease the  $D_{\rm L}$  value.

# DISCUSSION

In the present study skin was modeled as a two-layer membrane with a heterogeneous SC in order to clarify the

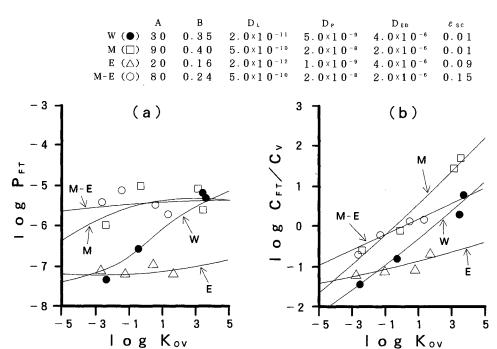


Fig. 4. Observed values and fitting curves using the four sets of coefficients calculated. Simultaneous fitting was done for  $P_{\rm FT}$ - $K_{\rm OV}$  and  $C_{\rm FT}$ / $C_{\rm V}$ - $K_{\rm OV}$ .

Table III. Solvents and 1-Menthol Content in Full-Thickness Skin After 8-hr Experiments<sup>a</sup>

Vehicle	Water	EtOH	1-Menthol
(Before experiment)	64.9 ± 0.9		
W	$71.3 \pm 0.5$		
M	$65.9 \pm 2.0$		$3.0 \pm 0.3$
E	$70.2 \pm 1.3$	$3.2 \pm 0.4$	
М-Е	$53.2 \pm 1.1$	$8.6 \pm 0.1$	$5.7 \pm 0.6$

<sup>&</sup>lt;sup>a</sup> Each value represents the mean ± SE of three experiments.

enhancement characteristics of the enhancers. The following were suggested: EtOH decreased the value of B and 1-menthol increased the value of A in Eq. (4), suggesting that EtOH might decrease the polarity of the lipid pathway of SC and 1-menthol might increase the migration of the donor solvent into SC (12). EtOH and 1-menthol might have different mechanisms of action to affect the partition of a drug into SC.

Williams and Barry (2) reported that the enhancing effect of terpenes was due mainly to an increase in diffusion and speculated that terpenes might increase the partition of lipophilic drugs; this is consistent with our results. The enhancing effect of EtOH was also reported to be due to an increase in porosity of SC by delipidization (22) or to an increase in diffusivity in the lipid domain of SC (9,23). We did not find an increase in diffusivity, but the porosity increased. More recently it has been observed in our laboratory that the effect of EtOH on diffusivity might depend on the experimental period. The experimental period used here (6 to 8 hr) might be insufficient to examine the time dependence of diffusivity.

Further,  $\epsilon_{SC}$  and  $D_P$  can be distinguished by Eqs. (7) and (14), but the simulation profiles using different values were similar [Figs. 3(4) and (6)]. Therefore, the increase in  $D_P$  might reflect an increase in  $\epsilon_{SC}$ . In the case of M and M-E, the observed values shown in Fig. 4a were relatively far from the regression curves, so that other factors such as solvent migration into skin might be taken into account to project formulations.

### CONCLUSION

Two equations, Eqs. (7) and (19), were derived based on a two-layer model of skin to analyze the enhancing effect of M-E. The mode of enhancer action was characterized by six coefficients (A, B,  $D_{\rm L}$ ,  $D_{\rm P}$ ,  $D_{\rm ED}$ , and  $\epsilon_{\rm SC}$ ) obtained from simultaneous fitting by the two equations. Thus, the simultaneous use of 1-menthol and EtOH affected each inherent action of 1-menthol and EtOH. Since each action was different, however, the enhancing effect was synergistic. Our method of analysis is capable of effectively providing fundamental information on the mode of action of several enhancers used in combination.

# **NOMENCLATURE**

- C Concentration
- P Permeability coefficient

- K Partition coefficient
- D Diffusion coefficient
- T Thickness
- € porosity

# Subscripts

V	Vehicle
FT	Full-thickness skin
SC	Stratum corneum
ED	Viable epidermis and dermis

L Lipid pathwayP Pore pathway

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